RESPONDING TO BEHAVIORAL HEALTH CONCERNS

Life Threatening Emergencies

9-1-1 Emergency Services
For someone with an immediate life threatening emergency, contact 911 for services.

Crisis Services

These crisis services provide confidential and immediate support 24/7/365.

Colorado Crisis Services
1-844-493-8255, or text “TALK” to 38255
This hotline will connect you to a crisis counselor or trained professional. The staffer will assess risk and determine if a mobile response is necessary.
- If a Mobile Crisis Response Team is necessary, they will strive to arrive within one hour in Colorado Springs and within two hours outside of Colorado Springs.
- If the Mobile Crisis Response Team is not necessary, callers within the city limits of Colorado Springs may request the Community Response Team. The Community Response Team is staffed with members of the fire department, police department and AspenPointe. Response hours are limited.

AspenPointe Crisis Stabilization Units
719-572-6100 | www.aspenpointe.org
There are two walk-in crisis stabilization units in Colorado Springs where individuals may seek immediate help. Check the website for hours of operation.
- 115 S. Parkside Drive, Colorado Springs, CO 80909
- 6071 E. Woodmen Road, Suite 135, Colorado Springs, CO 80923

Peak View Behavioral Health
Assessment team: 719-355-1028 | Main line: 719-444-8484
Peak View offers complimentary assessments 24/7 for individuals of all ages seeking help and support for mental health and/or substance abuse.
- 7353 Sisters Grove, Colorado Springs, CO 80923

Cedar Springs Hospital
719-633-4114 | www.cedarspringsbhs.com
Cedar Springs offers 24/7 referrals and assessments by phone or online for individuals of all ages who suffer from psychiatric disorders, substance abuse or co-occurring conditions.
- 2135 Southgate Rd., Colorado Springs, CO 80906

Non-Crisis Options

If an individual is not in Immediate danger and does not require crisis services, there are many ways to connect them to behavioral health services.
- If an individual is already connected to behavioral health services, encourage them to reach out to their care team if symptoms are worsening.
- If an Individual is not already in care, they may contact their insurance company to get a list of providers in their area.
- Medicaid provider directory: https://www.cchacares.com/for-members/find-a-provider/
- Individuals may also contact their primary care provider to discuss concerns and determine follow up.